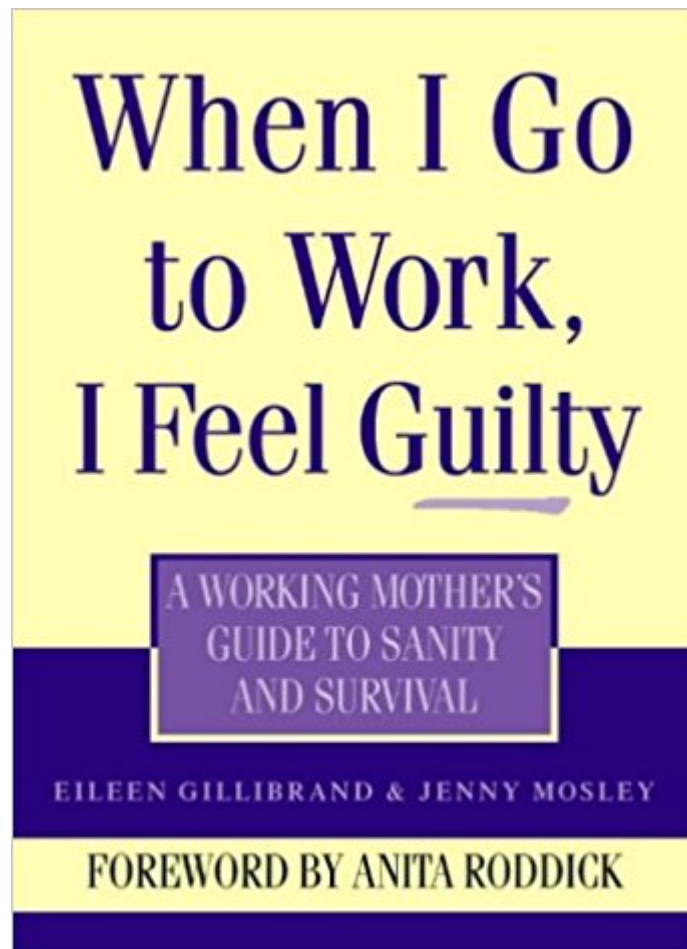




The book was found

When I Go To Work I Feel Guilty: A Working Mother's Guide To Sanity And Survival



Synopsis

With the stresses and strains of working mothers more in the spotlight than ever, this book provides welcome information and advice to this highly stressed, over-stretched group. needed by so many.

Book Information

Paperback: 228 pages

Publisher: Thorsons Publishers; First Printing edition (April 1998)

Language: English

ISBN-10: 0722534310

ISBN-13: 978-0722534311

Product Dimensions: 8.5 x 6.3 x 0.8 inches

Shipping Weight: 1.1 pounds

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,018,122 in Books (See Top 100 in Books) #34 in Books > Business & Money > Business Culture > Health & Stress #138 in Books > Parenting & Relationships > Family Health #3996 in Books > Self-Help > Relationships > Interpersonal Relations

Customer Reviews

'This book is a great aid to sorting out priorities, gaining confidence and using energy in a positive way.' Anna Ford, BBC 'Let's banish the guilt. The new mantra to be heard is celebrate yourself as a working mother, and others will do so too. The potential ripple effects of this book are irresistible...because like a woman's work, positive self-esteem will reach further than ever imagined.' Anita Roddick, founder and chief executive of The Body Shop

[Download to continue reading...](#)

When I Go to Work I Feel Guilty: A Working Mother's Guide to Sanity and Survival Survival: Survival Guide: Survival Skills, Survival Tools, & Survival Tactics. Emergency Prepping, & Surviving A Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) When I Say No, I Feel Guilty How To Say No (For Teens) (When I Say No I Feel Guilty, Self Confidence, Teen Self Help, Self Help Books for Women, Social Skills Book 1) The Ultimate Survival Guide for Beginners: The Best Tactics And Tips To Survive Urban And Wilderness Disasters (Survival Guide, Survival for Beginners, Survival books) The Fifth Trimester: The Working Mom's Guide to Style, Sanity, and Big Success After Baby A Beginner's Urban Survival Prepping Guide: Basic Urban Self Defense Guide And Survival Tips in the Prepping Urban Environment(The

Prepper's Urban survival ... A Beginner's Urban Survival Prepping SURVIVAL: Survival Pantry: A Prepper's Guide to Storing Food and Water (Survival Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival) Sanity and Grace: A Journey of Suicide, Survival, and Strength The School Year Survival Cookbook: Healthy Recipes and Sanity-Saving Strategies for Every Family and Every Meal (Even Snacks) Living & Working in Holland, Belgium & Luxembourg: A Survival Handbook (Living and Working) Living and Working in Ireland: A Survival Handbook (Living & Working in Ireland) The Working Dad's Survival Guide: How to Succeed at Work and at Home Homemade Survival Weapons: The Ultimate Guide To Survival Weapons, Tools And Skills - Discover Amazing Lessons To Creating Effective Weapons For Survival And Self-Defense! Outdoor Survival: The Ultimate Outdoor Survival Guide for Staying Alive and Surviving In The Wilderness (2nd Edition) (Prepping, Camping, Survivalism, ... Handbook, Survival Blueprint Book 1) WINTER SURVIVAL COURSE HANDBOOK, SURVIVAL MANUAL, SURVIVAL GUIDE Bunny and Friends Touch and Feel (Baby Touch and Feel) Work. Pump. Repeat.: The New Mom's Survival Guide to Breastfeeding and Going Back to Work Baby Touch and Feel: Colors and Shapes (Baby Touch & Feel) Baby Touch and Feel: Puppies and Kittens (Baby Touch & Feel)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)